



# 101 Things to do in the Valley - Fall Edition

A Special Publication of Ottawa Valley Business | [www.ovbusiness.com](http://www.ovbusiness.com) | [admin@ovbusiness.com](mailto:admin@ovbusiness.com)

## Fall Season Events

### NUMBER 1

The Fans of Calabogie Bed and Breakfast. Enjoy our ensuite rooms, gourmet breakfast, hot tub, Wi-Fi, satellite TV and our Zen-like atmosphere. Experience many of the "101 things to do" and then relax overlooking the lake. Beautiful fall leaves, geo-caching, hiking, fishing, hunting.... and much more! Phone: 613-752-1595

### NUMBER 2

Have your child's birthday at the Community Pool in Deep River. One hour of swimming and then an hour of games, drinks and pizza. Includes pool rental, multi-purpose room rental, four large pizzas, juice and 1/4 slab cake. \$172 for 15 kids. \$6.66 for each additional child. Phone: 613-584-2000 Ext.103

### NUMBER 3

Spend your winter learning something! Algonquin College has courses in business, health, cooking, photography and more. Ask for our free onCourse flyer. 613-735-4700 x2843 [algonquincollege.com/pembroke](http://algonquincollege.com/pembroke)

### NUMBER 4

Get to know what happens at local government. Attend council meetings in your municipality and get a first hand view of what is discussed that affects you! Council meetings are free to attend. Contact your municipality for meeting dates and times.

### NUMBER 5

Start your Fall with fitness! Bootcamp classes, personal training and resistance training gym. Commit for the Fall and see how good you feel at Christmas. Individual and group training available on the Main Street in Cobden. Classes taught with Jodi Sauve, a Personal Trainer Specialist. [Jodi@myinnerstrength.ca](mailto:Jodi@myinnerstrength.ca) Phone: 613-432-1788

### NUMBER 6

Great gift ideas, or something for yourself. A spectacular selection from over 30 Ottawa Valley artists at Valley Artisans' Co-op in Deep River. Pottery, glasswork, jewelry, woodworking, silk dying, quilting, knitting, tie-dyeing, paper craft, painting, drawing, photography, pewter and basketry. Think Christmas. Phone: 613-584-4483 [www.ValleyArtisans.com](http://www.ValleyArtisans.com)

### NUMBER 7

Pinewood Inn. New owners of this landmark motel in picturesque Barry's Bay welcome you. We feature rooms to accommodate small to larger families. New carpeting, pillow-topped beds, microwaves and fridges in the rooms. Also, enjoy our spacious backyard! [www.thepinewoodinn.com](http://www.thepinewoodinn.com) Phone: 613-756-1333

### NUMBER 8

Great opportunity for Fall golf. Pembroke Golf Club invites you to come out and play a few rounds with us. 18 holes, great tee access, plenty of riding carts available or enjoy an easy walk around the course. Full restaurant on site. Great deals in the pro shop! [www.pembrokegolfclub.ca](http://www.pembrokegolfclub.ca) Phone: 613-732-1665

### NUMBER 9

Love being in the Valley? Why not be here full time? Visit [www.ovjobs.ca](http://www.ovjobs.ca) and find your next career. There are plenty of career opportunities in administration, professional services, healthcare, skilled trades, science and more. Full time careers and part time work options available. More than 75,000 visits each month. [www.ovjobs.ca](http://www.ovjobs.ca)

### NUMBER 10

Great opportunity for Fall golf at the Island Brae Golf Club. A casual 9-hole layout on Morrison's Island near Pembroke. Cart rentals available. Juniors welcome. [www.islandbraegolf.com](http://www.islandbraegolf.com) Phone: 613-732-9022

### NUMBER 11

Continue to be active this Fall with walking programs throughout the Ottawa Valley. It's easy and fun. Come out on your own or with a group. Stay active anywhere you live. Visit the website for details. [www.heartwiseexercise.ca](http://www.heartwiseexercise.ca)

### NUMBER 12

If you find yourself with some free time one day, why not obtain a free second opinion on your home and auto insurance. You can complete our online form, or contact us and we'll do the work for you. Visit us online or in person! Phone: 613-735-1046 [www.jmackie.com](http://www.jmackie.com)

### NUMBER 13

There's nothing like a homemade Christmas gift. Choose from aprons, therapeutic oat bags, labyrinth pillows and more. Contact Pillow Talk Creations. Phone: 613-687-2896 [Joyceml@bell.net](mailto:Joyceml@bell.net)

## September Events

### NUMBER 14

September

Free Dances in September. Modern Square Dancing and lessons on Tuesdays: September 13, 20 and 27. 7:30pm-10pm. Come alone or bring friends. Free Chili supper on Sept. 20 at 6:30pm. For any age and ability. A fun way to get winter exercise! Phone: 613-256-0603  
www.mississippisquares.ca

### NUMBER 15

September 8

Fall Swim Instruction in Deep River. 12 week session from Sept. 16 to Dec.12. Register September 8, 6:30pm-9pm at the Deep River Arena. Swim kids levels 6-10, adult lessons and leadership courses. Phone: 613-584-2000 Ex. 103

### NUMBER 16

September 10

Pembroke Lumber Kings play Hawkesbury. 4pm. Pembroke Memorial Centre in Pembroke. Visit: pembrokelumberkings.com

### NUMBER 17

September 10

Algonquin Provincial Park Evening Program: Black Bears. 7pm-8pm at the Visitor Centre (at km 43). The Black Bear is common in Algonquin, but few visitors ever get to see one. Join Justin, who adds his own experiences with bears, to learn how bears survive in the wild and how bears and humans must co-exist. www.algonquinpark.on.ca

### NUMBER 18

September 10-11

It's Rural Ramble time! This stop celebrates Adventure & Exploration. This year's festival is free (no admission bracelets or buttons). Weekend one of four! For more information, visit the Rural Ramble Facebook page (www.facebook.com/ruralramble), www.ottawavalley.travel or call 1-800-757-6580.

### NUMBER 19

September 14

AquaFit Classes begin in Deep River. Morning AquaFit is Monday, Wednesday and Friday from 9:30am to 10:30am. Evening AquaFit is Monday and Wednesday from 7:30pm to 8:30pm. Cost \$57.63 for 10 tickets or \$29.09 for 5 tickets. Phone: 613-584-2000 Ex. 103

### NUMBER 20

September 11

The GranAfriCan Tea. A tea with a difference to benefit the Stephen Lewis Foundation. Petawawa Civic Centre. 16 Civic Centre Road, Petawawa. 2pm-4pm. \$15 per ticket. \$7.50 for children 3-12 with accompanying grandparents. Tea, African market, African drumming and dancing and a slide show of African scenes.

### NUMBER 21

September 12

CTV is live on location in Pembroke at the Waterfront! Meet the news team and watch the show live. 6pm-7pm. JJ Clark, Graham Richardson, Carol Ann Meehan and Terry Marcotte. Preceding the broadcast, the on-air personalities will meet and greet fans. M&M Meats will be hosting a BBQ with proceeds to the Crohn's and Colitis Foundation of Canada. www.ctvottawa.ca

### NUMBER 22

September 12

Adult Recreational Badminton begins at Naismith Public School in Almonte. Mondays and Thursdays from 7pm to 9:30pm. \$30 per person. Phone: 613-256-1077 ext. 24

### NUMBER 23

September 13

First Aid Course. In an emergency every second counts. Would you know what to do? Sign up now at the Red Cross for a First Aid or CPR course. Next course is running the evenings of Sept 13, 15, 20 & 22. Register by calling 613-735-1157 or email renfrewcounty@redcross.ca.

### NUMBER 24

September 14

Adult Mixed Badminton. It is a recreational league that plays each Wednesday from 7pm-9pm at Jeanne Lajoie high school gym from now until Easter. Great fun and exercise. Come on out and join us or call Karen for prices and info. Phone: 613-735-3081

### NUMBER 25

September 15

Square Dance Lessons. Come out for free square dance lesson at the Swinging Swallows Square Dance Club Open House on September 15 and 22. 7pm. Wesley United Church at 275 Pembroke Street East in Pembroke. It's easy to learn and lots of fun! Phone: 613-628-9777  
www.getupanddance.ca

### NUMBER 26

September 16

Sidewinder plays at the Pembroke Legion Branch 72. 9pm-1am. Tickets are \$10. Advance tickets at the Legion bar or by calling Stan Halliday. This is a fundraising event for the Legion. Phone: 613-732-8253

### NUMBER 27

September 16

Tween Dance in Arnprior. Come out to the popular, adult chaperoned, Tween Dances. Advance tickets are for sale until 9pm Thursday night before the dance. Music by Jessie's DJ. Limited door sales may be available. Permission forms must be signed. \$5 advance. \$10 at the door. Grades 4-8 only! Theme is Country Western Hoedown. Phone: 613-623-7301 ext.217  
kmenkhorst@arnprior.ca

### NUMBER 28

September 16-17

Sponge Puck Hockey Registration. Shady Nook. Friday from 5pm-8pm and Saturday from 9am-1pm. Cost is \$85 for the first child and \$80 for any additional children. For any questions, please call the Rec Centre at 613-732-0954.

### NUMBER 29

September 16-18

Showcase in Petawawa. See the Fall vendors and get great deals on items for your home and beyond. Always a popular day! Free admission. Show hours are Friday 12pm-9pm, Saturday 10am-6pm and Sunday 10am-5pm. www.showcaseinpetawawa.ca

### NUMBER 30

September 17

Rotary Ride for Kids in Pembroke. Registration at 8am. Ride at 9am. Rotary Park in Pembroke to Petawawa and back. Fundraiser for the Park. Phone: 613-732-8091

### NUMBER 31

September 17

St. John's Lutheran Church Annual Chicken Pie Supper. \$12 adults. \$6 children. Located at 605 Black Bay Road in Petawawa. Also baked goods and preserves for sale. Everyone is welcome. Phone: 613-687-6487

### NUMBER 32

September 17

Algonquin Provincial Park Evening Program: The Wolves of Algonquin. 7pm-8pm at the Visitor Centre (at km 43). Learn about the wolf's life history and ecology as well as Algonquin's Wolf Howls. www.algonquinpark.on.ca

### NUMBER 33

September 17

Carleton Place Farmers' Market Chili Cookoff. Think you make great chili? Prove it at the CPFM annual chilli cookoff where our judges, and the public will let you know how good it really is! www.cpfm.ca

### NUMBER 34

September 17

If you are aged 11-15 and are looking to babysit or be home alone, this course is for you. The Red Cross Babysitters course will teach everything you need to know to be safe, skilled and prepared. Held at the Red Cross Pembroke office. Pre-register by calling 613-735-1157.

**NUMBER 35**

September 17

Allumette Island Connects 10th Anniversary fundraising dance at the Chapeau Arena. 8pm-1am. Prizes and draws and a light lunch. Big Eli and the Scramblers, with Eli Boucher, Phil Denault, Timmy Hermitte, Eddy Bimm, Dean Levoy, Bruce Saunders and Eli Jr. \$10/person at the door. Phone: 819-689-2878 or aictickets@yahoo.ca

**NUMBER 36**

September 17

Annual Car Show for Dad. Renfrew Fairgrounds. 10am-2pm rain or shine. See classic muscle cars, race cars, vintage motorbikes and snowmobiles or stroll through the auto flea market and swap meet. Plus, remote control car display. Phone: 613-432-0705

**NUMBER 37**

September 17

The Bonnechere Museum Fossil Hunts with Caveman Chris and Fossil Stew! Take home a piece of an ancient sea bed often with an invertebrate preserved in the old mud or limestone. www.bonnecherecaves.com Phone: 613-628-2283

**NUMBER 38**

September 17-18

It's Rural Ramble time! This stop celebrates Agriculture & Food. This year's festival is free (no admission bracelets or buttons). Weekend two of four! For more info, visit the Rural Ramble Facebook page (www.facebook.com/ruralramble), www.ottawavalley.travel or call 1-800-757-6580.

**NUMBER 39**

September 18

Terry Fox Run. Mat-e-way Centre in Renfrew. There's a 5km and 10km route available. Registration is at 11:30am. Run begins at Noon. Pledge sheets are available at Scott and Sons Hardware, RBC, Scotiabank or Valley Source for Sports where Terry Fox Run t-shirts can also be purchased prior to the Run.

**NUMBER 40**

September 19

Algonquin Provincial Park Photography Workshop: Discover your Creativity. 9am-3:30pm. A day of capturing the natural beauty of Algonquin Park, including an indoor instructional session and review, and hands-on experiential field excursion for practice. Most suitable for SLR camera enthusiasts digital or film. 15 students. www.algonquinpark.on.ca

**NUMBER 41**

September 19

It's Picklefest Time! Pickles galore and so much more including plenty of activities for kids. Crafters, vendors, flower show, music, and more. Judging available so bring our own preserves. Dinner at 3pm. Held in Smiths Falls in Centennial Park. www.picklefest.ca

**NUMBER 42**

September 21-30

Advance Poll for provincial elections. 10am-8pm. To find out where the returning office is in your district, refer to your voter registration card that will come in the mail, or visit: www.wemakevotingeasy.ca.

**NUMBER 43**

September 23-25

Algonquin Provincial Park. 14th Annual Adventure Star Party. Join volunteers from the Toronto Chapter of the Royal Astronomical Society of Canada and get a first-hand look at the Algonquin night sky through telescopes. www.algonquinpark.on.ca

**NUMBER 44**

September 24

Women's Initiative Network of Renfrew County celebrates 30 years with a guest speaker, Sheema Khan who will read from her book "Of Hockey and Hijab: Reflections of a Canadian Muslim woman." 2pm-4pm. Grove Park Lodge in Renfrew. \$10 per person. Reserve by September 22. leetorvi@gmail.com Phone: 613-638-3283

**NUMBER 45**

September 24

Smiths Falls-Montague Aviation Museum presents An Eddie May Murder Mystery Dinner. Special guest pianist Armas Maiste. 6:30-9:30pm. Royal Canadian Legion at 7 Main Street in Smiths Falls. Tickets \$50 per person. Phone: 613-326-0365

**NUMBER 46**

September 24-25

It's Rural Ramble time! This stop celebrates History & Heritage. This year's festival is free (no admission bracelets or buttons). Weekend three of four! For info, visit the Rural Ramble Facebook page (www.facebook.com/ruralramble), www.ottawavalley.travel or call 1-800-757-6580.

**NUMBER 47**

September 24-25

Ramble into Killaloe for some good old fashioned country fun! 10am-3pm both days Visit Hoch Farmhouse Museum for some scarecrow fun, frog catching, puppet viewing and bread kneading! Enjoy a variety of vendors and food with a German flair! Phone: 613-757-2300 killaloe-hagarty-richards.ca

**NUMBER 48**

September 25

Pembroke Lumber Kings play Gloucester. 7pm. Pembroke Memorial Centre in Pembroke. For info, visit pembrokelumberkings.com.

**NUMBER 49**

September 26-27

Craft Sale at St. Michael's School in Douglas. 9am to 4 pm. Local crafts, arts, home baking and more. Phone: 613-649-2977

**NUMBER 50**

September 27

Mayor and Council of Admaston-Bromley invite ratepayers and residents to a public meeting on dissolving the Ward System. 7:30pm. Barr Line Community Centre at 1766 Barr Line. Phone: 613-432-2885 www.admastonbromley.com

**NUMBER 51**

September 27

Upper Ottawa Valley Tai Chi Club Open House with free health information and demonstrations in Tai Chi, weapons, self defence and more. Join in or come out and learn more about the healing benefits of this ancient art form. 6:30pm. Champlain Discovery School. Pembroke. Phone: 613-735-2441 www.ottawavalleytaichi.ca

**NUMBER 52**

September 28

Pick up hockey at the Pakenham Arena. Wednesdays until March 21, 2012. 4pm-5pm. \$5 per person per session. Equipment required. Phone: 613-256-1077 ext. 24

**NUMBER 53**

September 30-October 30

Algonquin Provincial Park Exhibition: Mystery of the Park. 19th annual art show and sale. Your Algonquin experience through the eyes of these spectacular Canadian artists. Located in the Algonquin Room in the Visitor Centre. Exhibit hours same as the Visitor Centre. www.algonquinpark.on.ca

## October Events

**NUMBER 54**

October 1

Taking Steps Against Breast Cancer walk to help raise money to fund breast cancer research. Kiwanis Field House at Riverside Park in Pembroke. Phone: 613-735-2571 dhenderson@ontario.cancer.ca

**NUMBER 55**

October 1-2

It's Rural Ramble time! This stop celebrates Arts & Culture. This year's festival is free (no admission bracelets or buttons). Weekend four of four! For more info, visit the Rural Ramble Facebook page (www.facebook.com/ruralramble), www.ottawavalley.travel or call 1-800-757-6580.

**NUMBER 56**

October 1-3

Pontiac School of the Arts. Course on floor cloths - art you can walk on! Painted floor cloths are a stimulating and expressive art form that is fun, decorative, and purposeful. Visit our website for a list of supplies. \$165 per person. Phone: 819-647-2291 [pontiacschoolofthearts.com](http://pontiacschoolofthearts.com)

**NUMBER 57**

October 2

Walk for Kidney Foundation of Canada. Registration at 11am. Walk at 11:30am. Route is approximately 5kms. Prizes and refreshments to follow. Meet at the Pembroke Marina Amphitheater. Phone: 613-724-9953 x4552 [www.kidney.ca/ontariowalk](http://www.kidney.ca/ontariowalk)

**NUMBER 58**

October 2

Algonquin Provincial Park Carve Your Own Canoe Paddle. 10am-3pm. Learn the traditional skills to build your own canoe paddle. Limit of 16 participants. Open to anyone over the age of 12 and does not require previous woodworking experience. [www.algonquinpark.on.ca](http://www.algonquinpark.on.ca)

**NUMBER 59**

October 2

Taking Steps Against Breast Cancer walk to help raise money to fund breast cancer research. Civitan Hall on Gould Street in Cobden. Phone: 613-735-2571 [dhenderson@ontario.cancer.ca](mailto:dhenderson@ontario.cancer.ca)

**NUMBER 60**

October 2

Pembroke Lumber Kings play Kanata. 7pm. Pembroke Memorial Centre in Pembroke. For info, visit: [pembrokelumberkings.com](http://pembrokelumberkings.com).

**NUMBER 61**

October 3

Mayor and Council of Admaston-Bromley invite ratepayers and residents to a public meeting on dissolving the Ward System. 7:30pm. Council Chambers. Phone: 613-432-2885 [www.admastonbromley.com](http://www.admastonbromley.com)

**NUMBER 62**

October 5

M.Y. Cards and Crafts at the Nick Smith Centre in Arnprior. Create your own cards and gifts during this crafting series from 6pm-8pm. This day's theme is Cards in a Tin. Cost is \$15 per person. Youth only. Phone: 613-623-7301 ext.217 [kmenkhorst@arnprior.ca](mailto:kmenkhorst@arnprior.ca)

**NUMBER 63**

October 6

Provincial election in Ontario. 9am to 9pm. To find out where you vote, refer to your voter registration card or visit [www.wemakevotingeasy.ca](http://www.wemakevotingeasy.ca)

**NUMBER 64**

October 6

Pick up hockey at Almonte Arena. Thursdays until March 22, 2012. 4pm-5pm. \$5 per person per session. Full equipment is required. Phone: 613-256-1077 ext. 24

**NUMBER 65**

October 8-10

Crown & Pumpkin Studio Tour. 10am-5pm daily. In and around Almonte. Discover the quality craftsmanship and skill of local artists amidst the vibrant colours that define our Fall season. Free admission. 613-256-3647 [www.crownandpumpkin.com](http://www.crownandpumpkin.com)

**NUMBER 66**

October 8-10

Perth Autumn Studio Tour. 10am-5pm daily. Free admission. Located within 25 kilometres of Perth, the Tour showcases one of Eastern Ontario's finest selections of contemporary fine arts and crafts against a backdrop of Mother Nature at her best. Now in its 19th year, the Tour has added four new artisans for a total of 20 artists. Phone: 613-267-5237 [www.perthstudiotour.com](http://www.perthstudiotour.com)

**NUMBER 67**

October 9

Pembroke Lumber Kings play Ottawa. 7pm. Pembroke Memorial Centre in Pembroke. For more information, visit us online at: [pembrokelumberkings.com](http://pembrokelumberkings.com).

**NUMBER 68**

October 9-15

Fire Prevention Week! Make sure you are up-to-date with safety items at your home or business with Layman Fire & Safety. Smoke detectors, extinguishers, signage, hoses and more. More than 35 years in the business of keeping Renfrew County safe. Phone: 613-732-5320 [Laymanfireandsafety.com](http://Laymanfireandsafety.com)

**NUMBER 69**

October 12

Petawawa Legion Community Band is recruiting new members. Rehearsals are Wednesdays from 7:30pm to 9:30pm. Beginner and intermediate band classes with professional instruction. Register on Oct. 5 at 6:30pm. Instruments for loan. Phone: 613-687-2890 [www.petawawalegion.ca/band](http://www.petawawalegion.ca/band)

**NUMBER 70**

October 13

Terri Clark is live in concert at Festival Hall. The Roots and Wings Tour. With special guests The Stellas. 7:30pm. Reserved seating. Phone: 613-735-2613

**NUMBER 71**

October 15

Get Cooking for Youth at the Nick Smith Centre in Arnprior. For both guys and girls 9+ who are interested in learning how to make delicious healthy meals. We will visit Taste of the Valley in Cobden to shop for groceries and prepare meals on site. 9am-4pm. \$20. Phone: 613-623-7301 ext.217 [kmenkhorst@arnprior.ca](mailto:kmenkhorst@arnprior.ca)

**NUMBER 72**

October 15

The Black and White Gala will be held at the Normandy Officers' Mess at CFB Petawawa. Proceeds help to enhance patient care through capital improvements, the purchase of medical equipment, and funding of programs and services at the Pembroke Regional Hospital. Phone: 613-732-2811 ext.7408 [foundation@pemreghos.org](mailto:foundation@pemreghos.org)

**NUMBER 73**

October 16

Matthew Good. Lights of Endangered Species Tour. Festival Hall in Pembroke. Reserved seating. Phone: 613-735-2613

**NUMBER 74**

October 17

Bank of Canada presentation on the new Canadian currency to be released this Fall. Held in Barry's Bay. Location TBD but details available through the Upper Ottawa Valley Chamber of Commerce. 6pm. Phone: 613-732-1492 [www.uovchamber.com](http://www.uovchamber.com)

**NUMBER 75**

October 17

Community Living Renfrew County South 6th Annual Victorian Tea. Renfrew Armouries. A Victorian Tea is an evening where families, friends and neighbors gather to share fancy sandwiches, squares and teas, along with laughter, friendship and entertainment. Phone: 613-432-6763

**NUMBER 76**

October 18

Bank of Canada presentation on the new Canadian currency to be released this Fall. Held in Pembroke. Location TBD but details available from the Upper Ottawa Valley Chamber of Commerce. 7:30am. \$8 members and \$15 guests. Phone: 613-732-1492 [www.uovchamber.com](http://www.uovchamber.com)

**NUMBER 77**

October 20

Toopy and Binoo and the Marshmallow Moon. Their theatrical debut. Festival Hall in Pembroke. 4:30pm and 7:00pm (two shows). Phone: 613-735-2613

**NUMBER 78**

October 21

Mom & Me Self-Defense. Nick Smith Centre in Arnprior. Learn how to recognize and escape from potentially dangerous situations. \$40. 6pm-9pm. Phone: 613-623-7301 ext.217 [kmenkhorst@arnprior.ca](mailto:kmenkhorst@arnprior.ca)

**NUMBER 79**

October 21  
Pembroke Lumber Kings play Ottawa. 7:30pm. Pembroke Memorial Centre in Pembroke. For info, visit: [pembrokelumberkings.com](http://pembrokelumberkings.com).

**NUMBER 80**

October 21  
Upper Ottawa Valley Chamber of Commerce Small Business Week Tradeshow. Best Western in Pembroke. Free admission. 10am-3pm. Visit Chamber businesses right here in your community. Phone: 613-732-1492 [www.uovchamber.com](http://www.uovchamber.com)

**NUMBER 81**

October 21-23  
The Women's Sexual Assault Centre of Renfrew County Annual Women's Weekend Getaway fundraiser to New York City! We will be staying at the newly renovated Milford Plaza Hotel. \$699 per person. Double occupancy. Phone: 613-735-5551.

**NUMBER 82**

October 22  
Pontiac School of the Arts. Rustic Garden Projects. Make a pot trellis, star, tri-pod planter, cedar carrier and obelisk. Ages 14+. Hands on workshop. No experience necessary. See our website for list of supplies. \$125/person. Phone: 819-647-2291 [pontiacschoolofthearts.com](http://pontiacschoolofthearts.com)

**NUMBER 83**

October 24  
Pumpkin carving for youth. Open to all ages. Children under 9 require a parent. Everything you need to make your pumpkin a special one will be available. Prizes for funniest, most artistic, scariest, unique, and more. 6pm-8pm. \$5 per child. Nick Smith Centre in Arnprior. Phone: 613-623-7301 ext.217 [kmenkhorst@arnprior.ca](mailto:kmenkhorst@arnprior.ca)

**NUMBER 84**

October 24-29  
Swimming registrations at the Kinsmen Pool in Pembroke. 6 week session. Phone: 613-735-6821 ext.1506

**NUMBER 85**

October 29  
Ron Sexsmith. Singer-songwriter acclaimed by a galaxy of artists. Festival Hall in Pembroke. 8:00pm. Reserved seating. Phone: 613-735-2613

## November Events

**NUMBER 86**

November  
Are you wanting to obtain your pilot's license? If so, you need to register for an aviation information session on the launch of a flight school at the Pembroke & Area Airport. Session to be held in late November. Register with the Airport and we will contact you with the details. Phone: 613-687-5300 [www.flycyta.ca](http://www.flycyta.ca)

**NUMBER 87**

November 4-5  
Christmas in the Valley Artisan Show. Are you looking for gifts with originality, quality and attention to detail? Over 25 artisans, crafters and bakers. November 4th from 2pm-9 pm and November 5th from 9am-4pm. Almonte Community Centre, Upper Hall at 182 Bridge Street. [valleyartisanshow.blogspot.com](http://valleyartisanshow.blogspot.com)

**NUMBER 88**

November 7-14  
The Arnprior and District Museum 5th Annual Vintage Quilt Exhibit containing close to 100 19th and 20th century quilts and coverlets from across Ontario and Quebec. This is a must visit for quilt enthusiasts. 10am to 3pm. Small admission fee. Madawaska Street, the large stone building with the clock.

**NUMBER 89**

November 11  
Pajama Party Tween Dance in Arnprior. Music by Jessie's DJ. Permission forms must be signed. \$5 advance. \$10 door. Grades 4-8 only! Phone: 613-623-7301 ext.217 [kmenkhorst@arnprior.ca](mailto:kmenkhorst@arnprior.ca)

**NUMBER 90**

November 11  
Pembroke Lumber Kings play Nepean. 7:30pm. Pembroke Memorial Centre. Visit: [pembrokelumberkings.com](http://pembrokelumberkings.com).

**NUMBER 91**

November 12  
Unmask the Night on Saturday, November 12 and reveal mystery, intrigue, fantastic prizes and the best food in the Valley. Tickets for Columbus House's Wine, Beer & Food Tasting Gala will go fast, so visit our website for details. Worried you'll miss out? Secure your tickets by becoming a sponsor. Phone: 613-732-8977 [www.columbushouse.ca](http://www.columbushouse.ca)

**NUMBER 92**

November 12  
Pakenham Christmas Craft Show. Featuring over 25 crafters, artists and designers. Offering an assortment of unique handmade goods. Shop local. Upper Hall, Stewart Community Centre. Phone: 613-256-1077

**NUMBER 93**

November 13  
Pembroke Lumber Kings play Hawkesbury. 7pm. Pembroke Memorial Centre in Pembroke. For info visit: [pembrokelumberkings.com](http://pembrokelumberkings.com).

**NUMBER 94**

November 12-13  
Mount Pakenham Annual Ski/Board Swap. 9am to 5pm. Have your kids outgrown their equipment? Are you looking for an inexpensive way to start skiing? You'll find what you need at our ski swap. Stop by and see this year's great deals. [www.mountpakenham.com](http://www.mountpakenham.com) [ski@mountpakenham.com](mailto:ski@mountpakenham.com)

**NUMBER 95**

November 18-19  
Get some great gift ideas at the Pembroke Farmers' Market Christmas Market. Held at the Marguerite Centre, 700 Mackay Street in Pembroke. November 18 (12pm-6pm) and November 19 (9am-4pm). Great gift ideas! [pembrokefarmersmarket.com](http://pembrokefarmersmarket.com)

**NUMBER 96**

November 26  
Santa Claus Parade of Lights in the City of Pembroke. 5:30pm. For registration forms contact the Recreation Dept. Phone: 613-735-6821 ext.1501

## December Events

**NUMBER 97**

December 2  
Light Up the Night with Wayne Rostad and friends. 7pm. Downtown Mill Street, Almonte. Free outdoor concert with live entertainment, Santa Claus and Fireworks! [lightupthenightalmonte.com](http://lightupthenightalmonte.com) Phone: 613-256-1077

**NUMBER 98**

December 4  
Almonte Santa Claus Parade. 1:30pm. Begins and concludes at the Almonte Community Centre, 182 Bridge Street. Hot chocolate and hot dogs will be served. Free public skating from 2pm to 4 pm.

**NUMBER 99**

December 4  
Christmas Craft Show at the Petawawa Civic Centre. 10am to 3pm. Just a few short weeks to Christmas. Find that one of a kind gift from one of our several vendors. Handmade crafts, wood work and more. Phone: 613-687-5678 ext. 22

**NUMBER 100**

December 10  
Santa Claus Parade. Killaloe Hagarty & Richards Township. 1:00pm. Starting at Mike's Tires and finishing up with treats for the kids at the Killaloe Lions Hall.

**NUMBER 101**

December 21  
M.Y. Cards and Crafts at the Nick Smith Centre in Arnprior. Create your own cards and gifts with Marion Young during this monthly crafting series from 6pm-8pm. This day's theme is Holiday Cards. Cost is \$10 per person. For youth only. Phone: 613-623-7301 ext.217 [kmenkhorst@arnprior.ca](mailto:kmenkhorst@arnprior.ca)